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## **New Tests, Treatment For Allergies**

It's a problem for nearly 50 million Americans -- sniffing, sneezing and runny noses from allergies. Doctors say one of the biggest troubles is finding out what you're allergic to. One health care center is offering a way to find out without needles.

[Angela Amerson](#), 17, has lived with allergies most of her life. She tried an [AllergiCare Relief Center](#) for treatment.

Chiropractor Sam Nijmeh performs a test to pinpoint exactly what she's allergic to. He checks about 500 allergens, without needle pricks.

"This is way better," the teen said. "No pricks of blood. You just sit down and you don't feel anything." The test confirms what she already knows, that she's allergic to milk. But it also shows that she's allergic to tetracycline, soy, vitamin B-12 and baker's yeast.

Treatment involves using a laser over her spine, feet and hands.

"We balance the body's energy and we reprogram the body's nervous system so the sensitivity is no longer there," Nijmeh said.

Experts warn people not to spend money on treatments that haven't been proven to succeed.

Initial tests cost about \$250 and treatments about \$200 each.